

# EnerG-Iodine<sup>®</sup>™

It has been written that the fundamental building blocks to health are water, salt, soda and iodine. Of these, iodine seems to be the least understood and most neglected. Its main function is synthesis, storage and secretion of thyroid hormones; however these hormones are also responsible for a wealth of body functions that are critical for health. Common symptoms of an imbalanced thyroid are so varied they can't be listed here ([www.hypothyroidmom.com](http://www.hypothyroidmom.com) states over 3000).

The thyroid gland, a part of the endocrine system, is an essential part of human health and is fueled by iodine and tyrosine. The thyroid influences and is also influenced by other endocrine glands, especially the pituitary, hypothalamus, adrenals, parathyroid and sex glands. This key gland is essential for the normal functioning of human cells, the nervous system, muscles, brain development, oxygen utilization, the metabolism, the immune system, etc. Thyroid imbalances, commonly known as hypothyroidism and hyperthyroidism, is estimated to affect nearly 13 million people in the U.S., a drastically conservative estimate according to energetic medicine studies. Traditional blood tests fail to take into consideration that the adrenals are able to produce small amounts of thyroid hormone. (Read [Thyroid Testing](#) as a link on our website). As a result, blood tests may show sufficient levels of thyroid hormone but without indication that these levels could be due to overworked adrenals and an exhausted thyroid. By the time a blood test confirms a thyroid problem, it is indeed a real problem as the "pitch hitter" adrenals are exhausted too!

Iodine's characteristics define it as essential for health. It is an antiseptic, antibiotic, anti-fungal, anti-parasitic, antibacterial, antioxidant, anti-carcinogenic agent (read [Breast Cancer and Iodine](#) by Dr David Derry), anti-viral, anti-proliferative agent and a germicide.

Iodine is also the trigger mechanism for apoptosis (the natural death of cells) as well as abnormal cells; protects against abnormal growth of bacteria in the stomach; coats incoming allergenic proteins to make them non-allergenic; is an antiseptic; is necessary for fetal development (possible initial source of thyroxine and apoptotic mechanisms); is an anti-cancer and anti-autoimmune disease agent; and deactivates in the stomach biological and most chemical poisons. [The Iodine Crisis](#) and [Stop The Thyroid Madness](#) are excellent books on the amazing abilities & benefits of iodine. Also to be noted: Dr. Broda Barnes (1936) found it to be a critical nutrient for health; & his work, (read his book [Solved: The Riddle of Heart Attacks](#)) was later confirmed in the Hunt Study published in 2007.

Some interesting facts: autopsies of *healthy* people who died of natural causes showed trace amounts of iodine in almost all tissues and organs; in tadpoles, their system is flushed with iodine at the point they become air-breathing frogs, and similarly, it is hypothesized that in infants, their bodies are flushed with iodine as they are born; iodine's antiseptic potency and safety has never been equaled or surpassed, as dilute iodine solutions kill all single celled organisms such as bacteria, viruses, fungi, protozoa and even staphylococcus, with few side effects and no development of bacterial resistance. Iodine is the only recommended nutrient for nuclear fallout.

*Detoxified, ingestible iodine in its colloidal, 99% bio-available state is unparalleled in potentially helping to support and saturate the thyroid for proper functioning. It is not the typical toxic iodine in its denser state sold as an antiseptic, or as iodine trichloride (claiming to be atomized), or as added to potassium iodide to make it safer. It is also unlike glandulars or prescriptions containing hormones that take over the thyroid's job instead of nutritionally building the thyroid to do its own job. And seaweed, seafood, greens, raw sunflower seeds, and iodized salt may not have the levels of assimilable iodine needed to support and saturate the thyroid.*

Radioactive tracing of iodine shows much of it going to the thyroid first, followed by the blood (where it mixes with tyrosine or histidine and becomes the surveillance mechanism for abnormal cells), nasal cavities, gut, breasts, stomach, and cervix, then followed by the bones, extracellular fluids, and connective tissue of almost all organs.

**DIRECTIONS:** Take 1-3 drops *in 6 oz. of water* (as high as 5 drops for severe thyroid imbalance) 8AM, and noon on an empty stomach (30 minutes before or 1 hour after meals, medications and/or supplements). Do not take with thermogenic supplements/herbs. Suggested use of EnerG-Iodine<sup>®</sup>™ is Monday thru Friday, allowing the body to rest on weekends. Taking it after 4PM may leave you feeling too energized. Sea salt & baking soda baths are helpful as EnerG-Iodine<sup>®</sup>™ may stimulate detoxification of the body. EnerG-Iodine<sup>®</sup>™ is not a substitute for thyroid medication.

**To order EnerG-Iodine<sup>®</sup>™**, please complete the form below and mail it with your check or money order to: K. Thompson, P.O. Box 105, Wirtz, VA 24184 Sorry, we can not take orders over the phone; only by mail or through our website. If paying by credit card, you will need to visit our website: [www.VoiceBio.com](http://www.VoiceBio.com). We can not take credit card orders any other way.

EnerG-Iodine<sup>®</sup>™ is sold in 1/2 fluid oz bottle. Prices for bulk are noted below.

# of Bottles _____	X	\$28 (1-5 bottles), \$24 (6-11 bottles) or \$19 (12 or more)	=	_____
Shipping & Handling:		\$5.00 for 1 <sup>st</sup> bottle (free if paying by check)	=	_____
		\$1 for each additional bottle (free if paying by check)	=	_____
<b>TOTAL AMOUNT DUE:</b>			=	_____

**SHIP TO:** \_\_\_\_\_

**Podcast for more information on Iodine and its benefits:**

**<https://www.dropbox.com/s/n534pvapqtickwo/Iodine%20Interview.mp3?dl=0>**

**Below are important benefits & basic information.** I encourage you to read Thyroid Testing, which explains why traditional testing is not always valid. This and other important articles can be emailed to you by requesting them at [VoiceBio@gmail.com](mailto:VoiceBio@gmail.com).

**FAQs?** Yes, you can take it with your thyroid medications. We suggest just using 1 drop in ¼ c. water with your meds in the A.M. & work up as you feel the need. Reaction? When the iodine enters the cells, it will replace (push out) heavy metals; particularly Fluoride, Chlorine & Bromine. Dr. Guy Abramson, the iodine pioneer, stated that upon initial use he found urinary excretion of lead, cadmium, arsenic, aluminum and mercury. So drink plenty of water and if you do have any reaction, back off and take just 1 drop, then work up to 3-5 drops. What is this made of and why do I take so little of it? EnerG-Iodine is made from the *mineral* iodine. It is NOT plant or seaweed based. You need less of it because the body utilizes it immediately as opposed to other products that contain multiple ingredients and must be sent to your liver to be processed. This results in a high loss of iodine due to it being pH sensitive & why you need more of that product than EnerG-Iodine.

**Want to learn more?** Here is a short list of some of the great books available about iodine and our health: Solved: The Riddle of Heart Attacks or Hypothyroidism: The Unsuspected Illness by Dr. Broda Barnes (yes, we've known this information since the 1930's!), The Iodine Crisis by Lynne Farrow, Stop the Thyroid Madness by Janie Bowthorpe, Mitochondria: The Future of Medicine by Lee Know (why T2 is so important). Breast Cancer and Iodine By Dr. David Derry.

**Do you know the characteristics of iodine?** Ever wonder *WHY* it is such a valuable nutrient? Iodine is an antiseptic, antibiotic, anti-fungal, anti-parasitic, antibacterial, anti-carcinogenic agent, antioxidant, anti-viral, germicide and antiproliferative agent (which means it prevents/retard the spread of malignant cells). It is used for over 300 processes in your body; found in every cell. In fact, your cells all contain T3 receptor sites – thus the reason the thyroid is known as the “metabolic organ” of the body.

**Did you know that iodine is essential for childbirth?** It is also the #1 nutrient for fetal brain development! Adequate iodine can mean a higher IQ by 7 points. If Mom doesn't have sufficient levels for her *and* the child, she may have post partum blues after childbirth. Recommend [www.hypothyroidmom.com](http://www.hypothyroidmom.com). 1/3 of pregnant women are iodine deficient, 10% severely. Yet only 1/3 of prenatal vitamins contain iodine and most at only 150 mcg. Iodine deficiency in the fetus is associated with stillbirths, congenital anomalies, increased perinatal mortality, endemic cretinism & deaf mutism.

**Did you know thyroid health is connected to heart attacks?** In 1936, Dr. Broda Barnes studied this (known since the civil war), and in 2007, The Hunt Study confirmed his work with an 8 yr. study on 26,000 people: proving that high TSH test levels = 70% increased mortality rate from heart disease. *TSH should not be found in your blood*, but in your cells! And a recent World Journal of Diabetes finally recognized the connection between thyroid and diabetes; recommending that thyroid support be added to all protocols.

**Did you know that since 1980, iodine levels in the average person** have fallen over 50%. We have more children born with autism, more people with brain disorders, the largest rise in cancer especially thyroid cancer; 1 in 7 women with breast cancer, 1 in 3 men with prostate cancer; an epidemic in ovarian cancer/disorders, uterine cancer/disorders, and more. (Government NHANES studies)

**Do you know what causes an iodine imbalance?** Halogens (Fluoride, Chlorine, Bromine), Heavy metals, BVO drinks (Mountain Dew, Gatorade, energy drinks), birth control pills, medications (most are fluoride based, especially anti-depressants!), GMOs, pesticides, statins, antifungal meds, acid blockers, NSAIDs, anti-acids, BPA plastic, fire retardants, many diseases/disorders, more.

**Did you know that in autopsies of people who were over 100 years old and died of no significant disease, all had sufficient levels of iodine in their cells?** Did you know that in autopsies of people who died from suicide almost all had atrophied thyroid and adrenals? For over 200 years, iodine was used with 90% success for multiple disorders including Fibrocystic Breast disease, cancer, thyroid, reproduction issues and more; then in 1948 a medical Journal article changed the medical outlook on iodine: the very same time as they released synthetic, patentable drugs which comprised of synthetic iodine? Hmmmmm.

**Did you know iodine deficiencies are found in Cancer and Parkinsons?** Additional articles are available on this topic by emailing us as stated above. It is also necessary for radiation exposure (Fukushima). We also use it with great success in Africa for malaria and Ebola (learn to make Liposomal C on YouTube to go with it). We suggest always having a bottle in your medicine cabinet.

Thank you for your purchase. We appreciate your business and hope this helps your health and that of family and friends.